

Academic Challenges, Technological Issues, and Mental Health Concerns of Senior High School Students in Remote Learning

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Abstract

Educational institutions all over the world have immersed themselves in remote education due to the outbreak of Coronavirus disease in 2019 (COVID-19). We investigated students' perceptions regarding their encountered academic challenges, technological issues, and mental health concerns in remote learning. This utilized the convergent mixed methods design. to collect both quantitative and qualitative data. Our results show that students experienced academic challenges, technological issues and mental issues are accomplishing learning tasks on time; difficulty concentrating in schoolwork and learning tasks; receiving feedback from teachers about learning outputs; following schedule, timeline, and prioritizing what is important; and knowing when to start a lesson/task; they had trouble with technology or application and limited access to online sources; lack of energy; difficulty concentrating; feeling of anger and irritability; and loss of interest in studies or any activity. The study concludes that students experienced adjustment in remote learning and personal issues on their academic adjustment to a great extent; a slight extent on the technological issues; and a great extent on mental health issues. It is recommended that school must create a concrete policy on the remote learning set -up; school must straighten their program on the students in the use of ICT tools in their school works by conducting more seminar workshops and subject integration; and must create a mental health support and resilience teaching program for their students for the effective adaptation of changing learning situations.

Keywords: education, academic challenges, remote learning, convergent mixed method